

# **Adiwiyata School Management in The Forming Clean and Healthy Living Behavior at Darus Sholah Jember Primary School Academic Year 2022/2023**

## **Manajemen Sekolah Adiwiyata dalam Membentuk Perilaku Hidup Bersih dan Sehat di Sekolah Dasar Darus Sholah Jember Tahun Ajaran 2022/2023**

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### **Abstract**

Clean and Healthy Living Behavior (PHBS) is a form of embodiment of the Healthy paradigm in a health-oriented culture of life for individuals, families and communities, aimed at improving, maintaining and protecting physical, mental, spiritual and social health. Based on the results of observations and interviews with the Adiwiyata coordinator at Darus Sholah Elementary School, the school received an award for being a district level Adiwiyata school and has many GPBLHS activity programs (Environmental Care and Culture Movement in Schools) and many clean and healthy living behavior activities as well. applied therein. The aim of this research is: 1) To describe the planning of the Adiwiyata School in establishing clean and healthy living behavior at SD Darus Sholah Jember. 2) To describe the organization of the Adiwiyata School in forming clean and healthy living behavior at SD Darus Sholah Jember. 3) To describe the implementation of the Adiwiyata School in forming clean and healthy living behavior at Darus Sholah Elementary School, Jember. 4) To describe the supervision of the Adiwiyata school in forming clean and healthy living behavior at Darus Sholah Elementary School, Jember. This type of research uses a qualitative approach. with data analysis techniques using qualitative descriptive with Miles Huberman's interactive model. The results of this research: 1) Planning Adiwiyata school planning in establishing clean and healthy living behavior starts from outreach meetings to committees, teachers, staff and several related parties. Pre-workshop planning through coaching meetings with the environmental service and SMPN 1 Sumber Baru. 2) The organization carried out to form clean and healthy living behavior starts with the formation of an adiwiyata coordinator and team at the school, a work meeting which discusses what programs will be carried out to create an adiwiyata school 3) implementation of work programs according to the respective Working Groups which have been discussed through joint working meeting with all teachers at the madrasah 4) Supervision or monitoring regarding the implementation that has been carried out whether it is going according to plan or not, this supervision is carried out while the activity is in progress by the supervisor, principal, adiwiyata coordinator and the adiwiyata team.

**Keywords:** *Adiwiyata; clean behavior; healty behavior*

## **Abstrak**

Abstract Clean and Healthy Living Behavior (PHBS) is a form of embodiment of the Healthy paradigm in a health-oriented culture of life for individuals, families and communities, aimed at improving, maintaining and protecting physical, mental, spiritual and social health. Based on the results of observations and interviews with the Adiwiyata coordinator at Darus Sholah Elementary School, the school received an award for being a district level Adiwiyata school and has many GPBLHS activity programs (Environmental Care and Culture Movement in Schools) and many clean and healthy living behavior activities as well. applied therein. The aim of this research is: 1) To describe the planning of the Adiwiyata School in establishing clean and healthy living behavior at SD Darus Sholah Jember. 2) To describe the organization of the Adiwiyata School in forming clean and healthy living behavior at SD Darus Sholah Jember. 3) To describe the implementation of the Adiwiyata School in forming clean and healthy living behavior at Darus Sholah Elementary School, Jember. 4) To describe the supervision of the Adiwiyata school in forming clean and healthy living behavior at Darus Sholah Elementary School, Jember. This type of research uses a qualitative approach. with data analysis techniques using qualitative descriptive with Miles Huberman's interactive model. The results of this research: 1) Planning Adiwiyata school planning in establishing clean and healthy living behavior starts from outreach meetings to committees, teachers, staff and several related parties. Pre-workshop planning through coaching meetings with the environmental service and SMPN 1 Sumber Baru. 2) The organization carried out to form clean and healthy living behavior starts with the formation of an adiwiyata coordinator and team at the school, a work meeting which discusses what programs will be carried out to create an adiwiyata school 3) implementation of work programs according to the respective Working Groups which have been discussed through joint working meeting with all teachers at the madrasah 4) Supervision or monitoring regarding the implementation that has been carried out whether it is going according to plan or not, this supervision is carried out while the activity is in progress by the supervisor, principal, adiwiyata coordinator and the adiwiyata team.

**Keywords:** *Adiwiyata; perilaku bersih; perilaku sehat*

## **Introduction**

The problem of environmental pollution is a quite big problem faced by humans, especially in Indonesia where until now this problem has not been resolved. The consequences of environmental pollution are so dangerous that the quality of the environment is reduced or its function is not in accordance with its intended purpose. Environmental pollution greatly influences the survival of members of the environment. Environmental management and protection efforts should be carried out systematically and in an integrated manner to preserve the environment and to prevent environmental pollution or damage.

The Adiwiyata program is one of the state ministry of environment's programs in order to encourage the creation of knowledge and awareness among school residents in preserving the environment. Adiwiyata has the meaning or meaning of a good and ideal place where all knowledge and various norms and ethics can be obtained which can be the basis for humans towards creating a prosperous life and towards the ideals of sustainable development. In this program, it is hoped that all school members will be involved in

school activities towards a healthy environment and avoiding negative environmental impacts (Kementrian Negara Lingkungan Hidup, 2009).

The legal basis for the Adiwiyata school program is Minister of Environment and Forestry Regulation No. 52 of 2019 concerning the Movement for Environmental Care and Culture in Schools. and Minister of Environment and Forestry Regulation No. 53 of 2019 concerning the Adiwiyata Award, which is given by the Government, Provincial Regional Governments, and district/city regional governments to schools that successfully implement environmental care and cultural movements in schools. GPBLHS is a conscious, voluntary, networked and sustainable collective action carried out by schools in implementing environmentally friendly behavior.

Adiwiyata school management is needed so that the adiwiyata program can run in accordance with predetermined objectives, through planning, implementation and evaluation of the adiwiyata program. Four program components have been established which form a unified whole in achieving an adiwiyata school, including environmentally friendly policies, implementation of an environmentally based curriculum, participatory environmental activities and management of environmentally friendly supporting facilities (Pradini, 2018).

Researchers conducted interviews and direct observations at SD Darus Sholah Jember and it was proven that every Friday, employees, teachers, students and even the principal work together to clean the entire school environment, starting from dividing students, employees and teachers and then dividing tasks. such as cleaning the bathroom area, water channel area, literacy garden area, green house, mushroom house, and so on. Another thing that is of concern to researchers is water conservation. When everyone at the school washes their hands or performs ablution, they are placed in large buckets. Later, when the water used in the bucket is full, the water is used to water the plants in the environment. school, this certainly proves that the school is still utilizing and not wasting the water that has been used.

Apart from the GPBLHS activities at SD Darus Sholah Jember, what is interesting and unique about SD Darus Sholah is that it received an award as a district level Adiwiyata School on December 16 2022 and has a compost house, oyster mushroom cultivation and a literacy garden. Darus Sholah Elementary School does not use chemicals to care for plants in the school environment because the elementary school has its own compost house so the plant fertilizer used is non-chemical.

Another unique thing is the literacy garden, of course we know that learning indoors is boring, the latest breakthrough from this elementary school is to create a garden outside the classroom directly adjacent to the cool plants and trees as a reading center, in the garden there are benches for students to read books, so that they don't When it gets hot while reading a book, the school uses climbing plants and then uses iron as a support to provide protection from the sun. An open environment will certainly make students free to sit anywhere and comfortable because it is cool, of course students will not get bored while studying.

From the description above, it can be concluded that SD Darus Sholah Jember has optimal management in making it an Adiwiyata school and forming the madrasah community into a society that behaves in a clean and healthy way of life, so it is interesting to carry out research on the management of Adiwiyata schools in forming clean and healthy living behavior. Therefore, the researchers took the title "Adiwiyata School Management in Forming Clean and Healthy Living Behavior at Darus Sholah Jember Elementary School for the 2022/2023 Academic Year".

### **Research Methods**

This research uses a qualitative approach. Qualitative research method is a research method based on the philosophy of postpositivism, used to research the conditions of natural objects (as opposed to experiments), where the researcher is the key instrument, data collection techniques are carried out triangulation (combined), data analysis is inductive or qualitative, and qualitative research results emphasize meaning rather than generalization (Sugiyono, 2016).

The research approach used by researchers is a qualitative approach. A qualitative approach is research that uses qualitative data by understanding the phenomena experienced by research subjects such as behavior, perceptions, motivations, actions, and so on by describing them in narrative form (Moleong, 2017).

### **Result and Discussion**

In this discussion the researcher will discuss the results of the researcher's research on Adiwiyata School Management in Forming Clean and Healthy Living Behavior at Darus Sholah Jember Elementary School. Adiwiyata school planning in forming clean and healthy living behavior at Darus Sholah Jember Elementary School. Planning at Darus Sholah Jember Elementary School is a process of thinking and studying related to Adiwiyata schools such as the curriculum from Adiwiyata schools, management of the Adiwiyata team and other supporting matters for Adiwiyata school assessment and the process of thinking about programs that will be implemented to achieve the goals of the Adiwiyata school's vision and mission. At this stage, SD Darus Sholah Jember continues to be coached by SMPN Sumber Waru and the Environmental Service of Jember Regency, the related parties will not let go of continuing to help the SD to achieve these goals.

Organizing the Adiwiyata school in forming clean and healthy living behavior at the Darus Sholah Jember Elementary School. Activities carried out at the organizing stage, namely preparing work meetings regarding work programs that will be implemented over the next few years, of course the work program has been thought about and adjusted by Adiwiyata School's vision and mission.

Some of the innovations that are part of the work program of the Adiwiyata School at SD Darus Sholah Jember, namely:

- a. Friday BERSERI (Clean, Healthy, Neat, Beautiful)
- b. 3 R Activities on Waste
- c. Plant breeding and maintenance

- d. Literacy park
- e. Mushroom House
- f. Water Conservation
- g. Utilization and saving of electrical energi
- h. One fuel free day

Implementation of the Adiwiyata school in forming clean and healthy living behavior at Darus Sholah Jember Elementary School, at this stage Darus Sholah Elementary School carries out work programs that have been planned and approved by the school principal, each work program has its own working group which is responsible for implementing each work programs that are in accordance with each field and working group, apart from that, at this implementation stage, there is an assessment of district level Adiwiyata schools which are directly assessed by several judges from the district who come from the Environmental Service and other related departments to obtain an award as an Adiwiyata school. district level.

Supervision of Adiwiyata schools in forming clean and healthy living behavior at Darus Sholah Jember Elementary School. At this stage, all activities carried out will remain in the realm of supervision with the aim of finding out whether the things that have been planned are running and as planned, under supervision This also matches the activities that occur in the field or work programs that are implemented in accordance with a predetermined plan to achieve a goal that was set at the beginning. The object of supervision is regarding deficiencies, deviations or things that need further evaluation.

At this stage of supervision, those who take part are the principal, the Adiwiyata team and the Adiwiyata supervisor, namely SMPN 1 Sumber Baru. In this case, supervision takes the form of direct monitoring of the school by seeing how the work program is implemented. After the monitoring is carried out, of course there will be an evaluation to discuss deficiencies. or things that must be improved or maintained in order to continue to better carry out the work program that was prepared in the previous stage.

## Conclusion

Based on data analysis from research conducted by researchers, Adiwiyata School Management in Establishing Clean and Healthy Living Behavior can be concluded as follows:

1. Planning for Adiwiyata Schools in Establishing Clean and Healthy Living Behavior begins with studying the points that must be taken to become an Adiwiyata school, studying things that are the culture of Adiwiyata schools, coordinating with the leadership regarding the budget allocation needed for the school adiwiyata, and of course to achieve goals or objectives other than getting an award to become a district level adiwiyata school, namely to establish clean and healthy living behavior for all school members at SD Darus Sholah Jember.
2. Organizing the Adiwiyata School. In establishing clean and healthy living behavior, all elements related to the Adiwiyata school form an Adiwiyata school administrator or team which will later be approved and decreed by the Principal.

The aim of forming this team is to make it easier to implement what has been implemented. planned beforehand. What is really needed to achieve a goal that has been previously designed is a team spirit that is ready to always be needed for its contribution in the form of thoughts, energy and finances.

3. Implementation of the Adiwiyata School in Forming Clean and Healthy Living Behavior is the application of a program that has been previously planned. In implementing clean and healthy living behavior at school, it must involve all components in the school so that it is more focused and can achieve the goals that have been set. At this implementation stage, the entire Working Group tries as hard as possible to help, teach, instruct and invite students and the entire school community to participate in implementing the Adiwiyata work program.
4. Supervision of Adiwiyata Schools in Establishing Clean and Healthy Living Behavior also matches activities that occur in the field or work programs that are carried out in accordance with predetermined plans to achieve a goal that was set at the beginning. This is carried out by the school principal, the adiwiyata team and the adiwiyata supervisor, namely SMPN 1 Sumber Waru, this supervision takes the form of direct monitoring of the school to see how the adiwiyata work program is being implemented at SD Darus Sholah Jember. And after the monitoring process is complete, there is an evaluation forum that discusses shortcomings or things that must be maintained for the sake of a good assessment of the Adiwiyata school.

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